

QUADRA FUTSAL E HANDEBOL

HORARIO	SEGUNDA	TERÇA	QUARTA	QUINTA	SEXTA	SÁBADO	DOMINGO
08:00 - 08:30						AUS	AACOS
08:30 - 09:00						AUS	AACOS
09:00 - 09:30						AUS	AACOS
09:30 - 10:00						AUS	AACOS
10:00 - 10:30						A3M	AACOS
10:30 - 11:00						A3M	AACOS
11:00 - 11:30						A3M	AACOS
11:30 - 12:00						A3M	AACOS
12:00 - 12:30						AAAD	
12:30 - 13:00						AAAD	
13:00 - 13:30	ASA					AAHED	AAHED
13:30 - 14:00	ASA					AAHED	AAHED
14:00 - 14:30	AAHED					ASA	AAHED
14:30 - 15:00	AAHED					ASA	AAHED
15:00 - 15:30	AAHED		AAHED			ASA	AAHED
15:30 - 16:00	AAHED		AAHED			ASA	AAHED
16:00 - 16:30	AAACB		AAHED		AAACB	ASA	AAHED
16:30 - 17:00	AAACB		AAHED		AAACB	ASA	AAHED
17:00 - 17:30	AAACB	Lenhadores		Lenhadores	AAACB	ASA	
17:30 - 18:00	AAACB	Lenhadores	AAAEP	Lenhadores	AAACB	ASA	
18:00 - 18:30	AUS	Lenhadores	AAAEP	Lenhadores	AUS	ASA	
18:30 - 19:00	AUS	Lenhadores	AAAEP	Lenhadores	AUS	ASA	
19:00 - 19:30	AUS	AUS	A3M	AAAEP	AUS		
19:30 - 20:00	AUS	AUS	A3M	AAAEP	AUS		
20:00 - 20:30	AC7	AUS	A3M	AAAEP	A3M		
20:30 - 21:00	AC7	A3M	AC7	AC7	A3M		
21:00 - 21:30	AC7	A3M	AC7	AC7	A3M		
21:30 - 22:00	AC7	A3M	AC7	AC7	A3M		

QUADRA BASQUETE E VOLEI

HORARIO	SEGUNDA	TERÇA	QUARTA	QUINTA	SEXTA	SÁBADO	DOMINGO
08:00 - 08:30							
08:30 - 09:00							
09:00 - 09:30						AC7	
09:30 - 10:00						AC7	
10:00 - 10:30						AC7	
10:30 - 11:00						AC7	
11:00 - 11:30							
11:30 - 12:00							
12:00 - 12:30						AAAD	
12:30 - 13:00						AAAD	
13:00 - 13:30						AAAD	
13:30 - 14:00						AAAD	
14:00 - 14:30						AAHED	
14:30 - 15:00						AAHED	
15:00 - 15:30						AAHED	
15:30 - 16:00						AAHED	
16:00 - 16:30	Lenhadores		Lenhadores				
16:30 - 17:00	Lenhadores		Lenhadores				
17:00 - 17:30	Lenhadores		Lenhadores				
17:30 - 18:00	Lenhadores		Lenhadores				
18:00 - 18:30	Lenhadores		Lenhadores		AC7		
18:30 - 19:00	Lenhadores		Lenhadores		AC7		
19:00 - 19:30					AC7		
19:30 - 20:00					AC7		
20:00 - 20:30	JONYS	CLUB. VOLEI	JONYS	CLUB. VOLEI	AC7		
20:30 - 21:00	JONYS	CLUB. VOLEI	JONYS	CLUB. VOLEI	AC7		
21:00 - 21:30	JONYS	CLUB. VOLEI	JONYS	CLUB. VOLEI	AC7		
21:30 - 22:00	JONYS	CLUB. VOLEI	JONYS	CLUB. VOLEI	AC7		